



Alcohol & Substance Misuse Policy

| | |
|--------------------------|---------------------|
| Issued: | March 2015 |
| Reviewed: | October 2018 |
| Reviewed: | April 2022 |
| Reviewed: | May 2025 |
| Next Review Date: | May 2028 |

Contents

| | | |
|-----|--|---------|
| 1. | Introduction | Page 03 |
| 2. | Policy Aims | Page 03 |
| 3. | Definitions | Page 03 |
| 4. | Disciplinary Procedures | Page 03 |
| 5. | Legal Framework | Page 04 |
| 6. | Health and Safety | Page 04 |
| 7. | Illegal Activity | Page 04 |
| 8. | Alcohol and the Workplace | Page 04 |
| 9. | Driving at Work | Page 04 |
| 10. | Managing Alcohol Misuse | Page 05 |
| 11. | Managing Substance Misuse | Page 05 |
| 12. | Managing Dependency Problems | Page 06 |
| 13. | Confidentiality and General Data Protection Regulations | Page 06 |
| | Appendix 1 – Supporting Agencies | Page 07 |

1.0 INTRODUCTION

- 1.1 This policy has been devised to assist Southside Housing Association in the management of alcohol and substance misuse problems affecting the employee's ability to carry out their duties. The Association has a duty to provide high service standards at all times and it is acknowledged that alcohol and substance misuse is likely to have an adverse effect on this.
- 1.2 This policy will set out Southside Housing Association's standards and expectations in relation to alcohol and substance abuse and the level of support that will be offered should such a situation arise.

2.0 POLICY AIMS

- Clarify Southside Housing Association's position on ongoing alcohol and/or substance misuse at work whilst on duty.
- Explain Southside Housing Association's position on illegal activity concerning alcohol and substance misuse
- Provide guidance and boundaries on appropriate assistance and support to employees with issues relating to alcohol or substance misuse.
- Adhere to the legal obligations of Southside Housing Association as set out under Health & Safety legislation.
- Clarify the circumstances in which disciplinary procedures will be instigated.
- Provide guidance for managers to manage alcohol and substance misuse.
- Clarify the distinction between dependent and non-dependent misuse of alcohol or substances.

3.0 DEFINITIONS

- 3.1 For the purposes of this policy the following definitions apply:
- **Alcohol Misuse:** when a person drinks in a way that is harmful, or they are dependent on alcohol (www.nhs.co.uk)
 - **Substance Misuse:** Intoxication by/or regular excessive consumption of and/or dependence on psychoactive substances, leading to social, psychological, physical or legal problems. It includes problematic use of both legal and illegal drugs (including alcohol when used in combination with other substances) (www.nice.org.uk)

4.0 DISCIPLINARY PROCEDURES

- 4.1 In circumstances where Southside Housing Association's disciplinary procedures are instigated in relation to this policy, the outcome may include dismissal.

5.0 LEGAL FRAMEWORK

- Health & Safety at Work Act 1974
- Misuse of Drugs Act 1971

6.0 HEALTH AND SAFETY

- 6.1 Southside Housing Association recognises its duty under the Health and Safety at Work Act 1974 to ensure as far as is reasonably practical the physical and psychological health, safety and wellbeing of all employees. If it is felt that an individual poses a risk to the health and safety or wellbeing of themselves or anyone else as a result of alcohol or substances, immediate action will be taken to remove the individual from the environment, most likely by sending the individual home or seek emergency medical assistance. If it is not safe for the individual to make their own way home alternative travel arrangements must be made.
- 6.2 All employees have a responsibility to ensure the health, safety and wellbeing of others is not put at risk. If an employee has reason to believe that a colleague is misusing alcohol or substances, they must inform their line manager immediately.

7.0 ILLEGAL ACTIVITY

- 7.1 Southside Housing Association respects an individual's right to a private life; however, the Association works within the community with a purpose of improving the lives of those who live there. As a result, Southside Housing Association will not tolerate any instances of illegal activity concerning drugs or substances. Any employee found to be involved or connected to illegal activity will be managed under the Association's disciplinary procedure which will likely result in dismissal.

8.0 ALCOHOL AND THE WORKPLACE

- 8.1 The consumption of alcohol at work is not normally permitted. However, at special events, where the employee is not driving and only with the approval of the Governing Body or Chief Executive, alcohol may be permitted.

9.0 DRIVING AT WORK

- 9.1 Drinking alcohol or taking substances can affect people in different ways. Should an employee drink alcohol or take a substance (legal or illegal) which impairs their ability to drive and then undertake any occupational driving this will be deemed as breach of conduct and will be dealt with under our Disciplinary Policy. This will also be reported to the police.
- 9.2 Before any driving at work takes place a risk assessment should be conducted. This should be completed by the driver and should include any alcohol or substance consumption. This is particularly relevant 'the morning after the night before'. If an employee is in any doubt as to whether they are safe to drive, they should not do so.

- 9.3 If an employee suspects another staff member has consumed alcohol or substances or they have reason to believe the person may not be safe to drive, they have a responsibility to report this immediately to a manager. The manager will deal with the situation appropriately which will include informing the police. Should malicious allegations be made this will be treated very seriously and will be subject to formal disciplinary action.

10.0 MANAGING ALCOHOL MISUSE

- 10.1 Southside Housing Association will manage alcohol misuse depending on its nature. Alcohol misuse will be dealt with under the following categories:
- 1) Alcohol overindulgence
 - 2) Alcohol dependence
- 10.2 Where an issue arises concerning alcohol overindulgence that results in socially unacceptable or dangerous behaviour, but which is not related to a physical or psychological dependence, this will be treated as a conduct issue and will be dealt with under the organisation's disciplinary procedures.
- 10.3 Where an issue arises concerning alcohol dependency and interferes with an employee's ability to carry out their duties, this will initially be considered as an ill-health issue and managed in accordance with the appropriate procedures. However, where there is no improvement, support is not accepted, programme not completed or no dependence is diagnosed the Association will instigate the disciplinary procedure.

11.0 MANAGING SUBSTANCE MISUSE

Legal Substances

- 11.1 Where concern arises regarding overindulgence in legally obtained substances which results in socially unacceptable or dangerous behaviour (this also relates to prescription medication whether required short or long term), this will be treated as a conduct issue and will be dealt with under the organisations disciplinary procedures.
- 11.2 Where an issue arises concerning legal substance dependency which has been obtained legally and interferes with an employee's work, this will initially be managed as an ill-health issue and managed in accordance with the appropriate procedures. However, where there is no improvement, support is not accepted, programme completed, or no dependence is diagnosed Southside Housing Association will instigate the disciplinary procedure.

Illegal Substance Misuse

- 11.3 Southside Housing Association will not tolerate the consumption or possession of illegal substances in any circumstances. This will always be considered to represent gross misconduct.

Illegally Obtained Legal Substances

- 11.4 Southside Housing Association will not tolerate illegal activity concerning legal substances. Any employee who is suspected of being involved in any such activity will be dealt with in accordance with the Association's disciplinary procedures as gross misconduct.

General Illegal Activity

- 11.5 Any employee suspected to be involved in illegal activity concerning substances will also be reported to the police.

Police Involvement

- 11.6 In circumstances where the police are involved in an investigation concerning any employee, Southside Housing Association will continue with their own investigation and act on this accordingly.

12.0 MANAGING DEPENDENCY PROBLEMS

- 12.1 In circumstances where an employee is suspected of having an alcohol or legal substance dependency Southside Housing Association will provide reasonable support. In the first instance the line manager or an appropriate supervisor will have a meeting with the employee and make a management referral to the Occupational Health Service (or other employee support organisation). There will then be follow up meetings on an appropriate and regular timescale to determine the progress the individual is making.
- 12.2 Where there are performance issues relating to the dependency, appropriate performance plans will be put in place in accordance with under performance procedures as detailed in the disciplinary procedures. Where the improvement is not adequate or support via the Occupational Health Service (or other employee support organisation) is not adhered to, normal disciplinary procedures will be instigated which may result in dismissal.

13.0 CONFIDENTIALITY & GENERAL DATA PROTECTION REGULATIONS

- 13.1 The organisation will treat personal data in line with our obligations under the current data protection regulations and our Privacy Policy. Information regarding how data will be used and the basis for processing your data is provided in Southside Housing Association's employee privacy notice.
- 13.2 Any employee with alcohol or substance misuse problems who are referred for support, whether voluntarily or mandatory will be dealt with in the strictest confidence.

Appendix 1

SUPPORTING AGENCIES

- **Glasgow Council on Alcohol**

Tel: 0141 353 1800

web: www.glasgowcouncilonalcohol.org

2nd Floor, 14 N. Claremont Street, Glasgow G3 7Le

- **Turning Point Scotland**

Tel: 0800 652 3757

- **National Drugs Helpline**

Tel: 0300 123 6600

- <https://www.mind.org.uk>

Addiction and Dependency Support Organisations



Southside Housing Association

T: 0141 422 1112

E: CSD@southside-ha.co.uk

A: Southside House
135 Fifty Pitches Road
Glasgow
G51 4EB